



Autumn Term 2024 CAT PAC – Secondary Age To be delivered Online

We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with autism or children who are on the neurodevelopmental pathway.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you a few days before each session.
 - Each session will last for 2 hours

AUTUMN TERM 2024

Session 1 – What is Autism?	Monday 7 th October - 9.30-11.30am
Session 2 – Social communication	Monday 14 th October - 9.30-11.30am
Session 3 – Sensory differences	Monday 21 st October - 9.30-11.30am
HALF TERM	
Session 4 – Supporting teenagers with autism	Monday 4 th November - 9.30-11.30am
Session 5 – Emotional well-being / Anxiety	Monday 11 th November - 9.30-11.30am
Session 6 – Parent carer choice & signposting to Local Offer / services	Monday 18 th November- 9.30-11.30am

The subject or title of your email needs to state that it is for the

Autumn 2024 Secondary Online CAT PAC : *In your email please include:*

- Your name – Parent carer
- Your Child’s name
- Your Child’s and school (Your child’s CAT worker if known.)

Due to limited places, the course will be offered to the first families to contact us. *There is an expectation that parents try to attend all sessions if possible.*

Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely, Dawn Fisher, Julie Watchorn Brennan and Viv Walters.